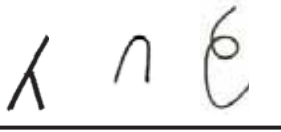


Passage de la gym 007 au sol

Sens du mouvement 

EC4 EC4 EC2+EC4



EC1

6.5 + 0.50

Rondade Flip Vrille

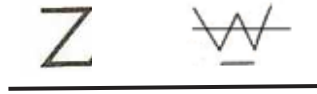
EC3



6.1 + 0.30

Pirouette 2
tours

EC5



EC3

Saut
changement
de jbes

Saut changement
de jbes à la position
cosaque

EC2+EC4



6.4

+ 0.30

Salto AV groupé Rondade Flip Salto AR groupé

6.5

= 8 éléments